

## Hammond Nursing Home Newsletter – January - March 2011

### A Word from our Administrator



**Marcus Naquin**

As winter bears down upon us we are reminded that this is an extremely difficult time for all of us, especially the elderly. We are not able to enjoy our usual outdoor activities so we must do our best to entertain from within...within the doors and within the heart. I hope that everyone takes the time to place a call, make a visit, or send a letter to keep in touch and keep a heart warm during these winter months.

As the State and Nation see a growing rate of influenza we are reminded that we must practice good infection control procedures. The workers here at HNH who exhibit signs or symptoms of influenza or other communicable infections are asked to refrain from work until they are well. We are also asking that families and visitors do the same. If you are sick, please stay home until you are well. Our staff will be screening for individuals that exhibit signs and symptoms of a communicable disease or the flu and will ask that they return home. Please do not get angry, but try to understand that this is for the safety of our staff and residents. Please help us adhere to these precautions, and

as always, remember to wash your hands frequently.

In closing, I would like to announce that we have completed two new projects; our new emergency generator and our internet website. The facility is now capable of running 100% of all functions, including heating and air conditioning, in case of a power outage. Also, we have an internet website that is dedicated to keeping you informed of our newest activities! We will post pictures and other information there to keep you informed. Our website address is [hammondnursinghome.net](http://hammondnursinghome.net). Other projects are in the works so please stay tuned as we prepare to improve, improve, improve!

### A Word from Social Services



**Sherry Schexnayder**

Hello and Happy New Year! I can't believe I have been at HNH for six months already! I have spent my time thus far getting to know our wonderful residents and their awesome families. I am so pleased that I have been able to speak to so many of you on the phone, and even more pleased that I have been able to meet so many of you face to face. If you are in the facility M-F between the hours of 8-4:30, please feel free to stop by my office and say hello. If you live out of town or are not able to come into the home during working hours and you would like to talk to me, please feel free to call me-(985) 542-1200. Remember, I am here for you and your loved ones.



### **A Word from the Activity Director**



**Heather Hemphill**

Hello again families! This is your friendly neighborhood activity director, Heather Hemphill, dropping in to give you an update on what's been happening at Hammond Nursing Home. These past few months have been very busy for us and I'm very excited to fill you in.

October was huge for us. We had our fourth annual Chili Cook-Off. Families, staff members and volunteers entered their best chilies to be judged by our local fire department. By the end of the day, we all needed pants with elastic waists. We followed that up the next day with our annual fall festival. Our residents and their families enjoyed carnival games, live music and great food. It was a good time had by all.

As if we didn't have enough to eat in October, November came with our pot luck Thanksgiving. The residents enjoyed everything from turkey to pot roast. We also had a plethora of desserts and side dishes. The potato salad was my favorite, mmmmmmm.

We kept the holiday season rolling right into December. The residents spent the month making homemade Christmas ornaments to deck our halls. We had a ballet troop come and perform The Nut Cracker and we also had several groups of volunteers come and sing carols around the nursing home. By the time Santa got here, our living room was filled with more presents than you could shake a jingle bell

at. Santa passed out so many presents, he slept the whole way back to the North Pole.

We have a lot coming up in 2011 and we are looking forward to sharing it with you. Be sure to keep your eyes peeled and your ears open for all of our upcoming events.

### **Triton**



**Therapy**

Our Therapy Department would like to welcome all of our new residents to Therapy. We would also like to thank all of our established residents for all their hard work. They have achieved so many goals and we sincerely appreciate their willingness and enthusiasm to improve.

We are always open for any family discussions or questions. Please feel free to come by and see your family member hard at work in our Therapy Gym!

### **In The Spotlight**

**Fay White, ADON**

In May, 1976, Faye White began working at HNH as a CNA. Shortly thereafter, she obtained a degree in Nursing from Southeastern Louisiana University. From her position as CNA, Mrs. White was promoted to floor nurse. She has also worked as the social services designee, and then again she was placed in nursing services as the assistant director of nursing (ADON). Mrs. White is married to Bob White and she has two children, Ashley and Chad. She also has two grandchildren, Timothy and Leah. According to Mrs. White, "Working in geriatrics is a challenge and a life changing experience. It is a joy

everyday to see the residents at Hammond Nursing Home. I could not have landed in a better job opportunity. The experience has been great! I have worked for two administrators, Ray Naquin, Owner, and Marcus Naquin, Son of Owner. Both of them have given me great opportunities and I have learned so much since being here. They both treat their employees with much dignity and respect."

### Calendar of Special Events

**\*\*Note\*\***

**Scheduled events are subject to change.**

• **February**

14 - Valentine Party 2:00 p.m.

• **March**

8 - Mardi Gras Parade and Talent Show 10:00 a.m.

17 - St. Patrick's Day Social 10:00 a.m.

• **April**

16 - Easter Eggstravaganza (10am)



This edition of our newsletter was sponsored by:

**Generations Hospice**  
Service Corporation



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**Stacey Howard, LPN, CHPN**  
Marketing Nurse Liaison

### Dementia

Dementia is a brain disorder that impairs the ability to remember, learn, and communicate. Today over five million people have been diagnosed with some form of dementia. It is considered the 7th leading cause of death in the United States.

Your loved one may be experiencing some of the following symptoms. If so, your family member may qualify for additional services in the nursing home or at home during this critical time in their life.

- Not eating or drinking well enough to sustain weight
- Weight loss of 10% or more in a 6 month period
- Recurrent infections in the last 6 months
- Patient or family refuses PEG placement
- Patient refuses hospitalizations or other aggressive treatments
- Patient has optimal treatment, but continues to exacerbate
- significant decline in overall health due to multiple medical and functional problems
- Unable to ambulate, dress, or bathe without assistance, unable to converse meaningfully with others, incontinent of urine or stool
- Cannot sit upright in geri-chair or wheelchair without support

- Difficulty swallowing food, liquids, or medications
- No longer smiling or interacting with caregivers
- History of frequent urinary tract infections, urosepsis, pneumonia, septicemia
- Multiple decubiti

If you would like more information or have questions on this unfortunate growing disease please call Stacey Howard at (225) 305-2184.

**Generations Hospice**  
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